HARMONY EVENT MEDICINE Orientation

HEM is a 100% volunteer driven organization dedicated to "Bring Harmony to Medicine and Music". We primarily provide our services to the Willamette Valley, Oregon. As an HEM volunteer, you will provide basic life support, first aid and crisis assistance to patrons of the events we support, as well as the production staff or even the performers. While on shift, we expect you to perform your tasks professionally, and more specifically, sober!!

Do what you will after shift, but when on shift, we expect your "A" game.

As an HEM member/volunteer, you will probably be required to attend to the following (but not limited to):

+INJURIES. Cuts-abrasions-blisters-bites-stings-traumas-burns sprains & breaks and old wounds, etc. Use standard first aid procedures, PPE, Bio-bag and clean up rules. IF you are at all uncomfortable in any situation, just ask another HEM staff for help.

+INTOXICATION. Alcohol, street drugs, Pharmies. Provide FA, monitor vitals, hydrate if necessary, prevent choking or falling, find friends or family. Vomiting likely so be ready with PPE and Biobags.

+Dehydration/Pass-outs/ 'crowd syndrome'

Slowly hydrate with Gatorade/etc, provide fresh air, AVPU scale, Sternal Rub? Alert venue security, Call 911 if necessary.

+MENTAL HEALTH/CRISIS. Is Patron intoxicated or

angry? Provide sincere support, use non-violent communication (Empathize, Clarify, Isolate, Respond), and ground yourself. Alert venue security, consult if 911 call is necessary??

+OTHER INSTANCES. Lost parents or children, passing out earplugs, or acting as venue information staff. Consult 'Service Basics' on website.

Event Medicine

We follow standard First Aid/CPR/AED guidelines as prescribed by Oregon Good Samaritan Act. HEM does carry General Liability and Professional Liability insurance, but our scope is FA/CPR/AED only.

There will be an Identified Shift Leader for every shift, who can provide direction, support and help at any time. Remember, <u>FIRST DO NO HARM.</u> Provide the best care you can, for as long as you can, and ask for help when needed. Communicate with your team, *and only the Shift Supervisor* will communicate with venue/security staff, production or artists.

Taking care of yourself means you can take care of others. Be safe, be sober, and have FUN! Don't forget to listen and enjoy the MUSIC!!

+Shift lengths vary by venue. McD usually is 5-6 hours, Cuthbert 7-8 hours, and festival shifts are 6-10 hours long. +Use the log notes and RAS/AMA form EVERYTIME!!

+No OTC meds at McD or Cuthbert (venue rules) Consent forms available for Festivals where we can offer OTC meds. +Anytime you leave the table or Tent, you need a partner/buddy with you; preferably Male & Female each, and/or Medic & Helper

Important Numbers: University District Hospital 541.686.7341 CAHOOTS: 541.342.8255 or 541.687.4000 Police non-emergency 541.682.5111 Sexual Assault Support SVCS 541.343.7277 Poison Center 1.800.222.1222

HEM Board of Directors: cell #'s Kimberly N. 541.515.3735 Jonerick R. 541.870.0458 Charlie T. 541.554.8280 Laural W. 541.285.1298 Michelle C. 541.556.9276 Jeff S. 541.206.3142

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HEM websites:

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